PRELIMINARY SCIENTIFIC PROGRAMME

6th ISCoS International Regional Symposium

in association with SOTUMER — TN Society of Physical and Rehabilitation Medicine — and MENASCIN — Middle East and North Africa Spinal Cord Injury Network

4–5 December 2026 | Tunis, TN | Venue: Golden Tulip El Mechtel, Tunis

Programme at a glance

DAY 1 — FRIDAY, 4 DECEMBER 2026	
07:30–08:30	Registration & welcome coffee
08:30–09:20	Parallel Workshops 1–4
09:30–11:00	Plenary Session 1 — Building Comprehensive Spinal Cord Injury Care
11:00–11:30	Networking coffee break & exhibition
11:30–12:45	Plenary Session 2 — Acute SCI & Spine Surgery
12:45–13:30	Official Opening Ceremony & group photograph
13:30–14:30	Lunch
14:30–15:45	Plenary Session 3 — Rehabilitation & Functional Recovery
15:45–16:00	Networking coffee break & exhibition
16:00–17:30	Plenary Session 4 — Sexual & Reproductive Health & Active Living
17:35–18:30	Industry Satellite Symposia I II&III (parallel)
18:45–19:45	MENASCIN General Assembly (members and invited observers)

DAY 2 — SATURDAY, 5 DECEMBER 2026	
08:30–09:20	Parallel Workshops 4–8
09:30–11:00	Plenary Session 5 — Lifelong Care and Management of Spinal Cord Injury
11:00–11:30	Networking coffee break & exhibition
11:30–12:30	Parallel Symposia 1-4 — Neuropathic Pain · Spasticity, Ultrasound-Guided Nerve Blocks- Bowel Managment
12:30–14:30	Lunch
14:30–15:45	Plenary Session 6 — Management of Spasticity in Spinal Cord Injury
15:45–16:00	Networking coffee break & exhibition
16:00–17:35	Plenary Session 7 — SCI Research and the InSCI Survey in the MENA Region
17:35–18:00	Closing Ceremony & take-home messages

Plenary session	Workshop	Symposium	Industry session	Ceremony · Assembly · Social	Break

DAY 1 — FRIDAY, 4 DECEMBER 2026

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07:30–08:30	**REGISTRATION & WELCOME COFFEE**

08:30–09:20	WORKSHOP 1 · CORAL	WORKSHOP 2 · AMBER	WORKSHOP 3 · CRYSTAL	WORKSHOP 4: RUBY
Parallel workshops	**ISNCSCI / AIS: International Standards for Neurological Classification of Spinal Cord Injury** **Faculty: Dr Rami Al Ahmar (UAE);**Dr Wail Ahmed (UK); Dr Leila Ghidaoui (TN); Dr Ronald Reeves (USA)	**Evidence-Based Neuro-Urological Management after Spinal Cord Injury: Intermittent Catheterisation and Bladder Care** **Faculty: Dr Raquel Neeves (RN/KSA);**Dr Anas Saleh (KSA); Mrs Alison Lamb (RN/UK); Mr Firas Sarhan (RN/UK)	**Ultrasound-Guided Nerve Blocks and Botulinum Toxin Injections for Upper-Limb Spasticity Management** **Faculty: Dr Fatma Zohra Ben Salah (TN**) Dr Srinivasa Chakravarty Budithi(UK); Dr Wafa Elleuch (TN; Dr Khaled Maaref (TN)	**Wheelchair Prescription: From Assessment to Appropriate Selection** **Faculty: Dr Catherine Dziri (TN**); Mr Moez Boulila (OT/TN)

09:30–11:00	PLENARY SESSION 1 · Plenary Hall: **CRYSTAL** **Building Comprehensive Spinal Cord Injury Care: From Evidence to Practice**	
	Chairs: Dr Abderrazak Hajjioui (Morocco), Dr Zouhir Boukara (ALG), Dr Amina Gargouri (TN), Dr Mounir Kefi (TN) **Rapporteur:** Dr Emna Toulgui (TN)	
09:30–09:55	The Global Burden of Spinal Cord Injury: Current Challenges and Future Directions	**Dr James Middleton (Australia)**
09:55–10:20	International Standards of Spinal Cord Injury Care: From Evidence to Clinical Practice	**Dr Ram Hariharan (UK)**
10:20–10:45	SCI and 360 degree Research and Policy Implementation	**Dr Jerome Bickenbach (SWZ)**
10:45–11:00	**Discussion**	
11:00–11:30	**Networking coffee break & exhibition**	

11:30–12:45	**PLENARY SESSION 2** · Plenary Hall: **CRYSTAL** **Acute Spinal Cord Injury & Spine Surgery**	
	Chairs: Dr Osman Aheed (UK), Dr Rami Al Ahmar (UAE), Dr Karim Bouattour (TN), Dr Mehdi Darmoul (TN), **Rapporteur:** Dr Hajer Attia (TN)	
11:30–11:50	Imaging and Neurological Classification of Acute Spinal Cord Injury	**Dr Mouna Bouaziz (TN)**
11:50–12:10	Contemporary Surgical Strategies in Acute Traumatic Spinal Cord Injury: From Decompression to Neuroprotection	**Dr Anas Ali Dyab (Germany)**
12:10–12:30	Acute Spinal Cord Injury Management	**Mr Firas Sarhan (UK)**
12:30–12:45	**Discussion**	

12:45–13:30	**OFFICIAL OPENING CEREMONY** Welcome addresses · Official ceremony · Official group photograph (all participants)

13:30–14:30	**LUNCH**

14:30–15:45	**PLENARY SESSION 3** · Plenary Hall: **CRYSTAL** **Rehabilitation & Functional Recovery**	
	Chairs: Dr Fatma Zohra Ben Salah (TN), Dr Srinivasa Chakravarty Budithi(UK), Dr Mouna Ounaies (TN) ,**Rapporteur:** Dr Emna Bahlouli (TN)	
14:30–14:50	Early Comprehensive Rehabilitation and Goal-Oriented Rehabilitation Planning	**Dr Sana Salah (TN)**
14:50–15:10	Autonomic and Cardiovascular Dysfunction following Spinal Cord Injury	**Dr Adel Shahrani (KSA)**
15:10–15:30	Upper Limb Functional Recovery after Spinal Cord Injury	**Dr Sonia Lebib (TN)**
15:30–15:45	**Discussion**	

15:45–16:00	**NETWORKING COFFEE BREAK & EXHIBITION**

16:00–17:35	**PLENARY SESSION 4** · Plenary Hall: **CRYSTAL** **Sexual & Reproductive Health & Active Living**	
	Chairs: Dr Mohamed Chebil (TN), Dr Yassine Binnous (TN), Dr Mechaal Mourali (TN), Dr Sonia Jemni (TN) **Rapporteur:** Dr FerdawesBlel(TN)	
16:00–16:20	Sexual Function, Intimacy and Relationships after Spinal Cord Injury	**Dr Mohamed Ali Bedoui (TN)**
16:20–16:40	Fertility and Assisted Reproductive Technologies after Spinal Cord Injury	**Dr Amine Hermi (TN)**
16:40–17:10	Pregnancy, Childbirth and Parenthood after Spinal Cord Injury	**Dr Cyrine Belghith (TN)**
17:10–17:25	Ethical Challenges in Spinal Cord Injury Care in Complex and Resource-Limited Settings	**Dr Majed Zemni (TN)**
17:25–17:35	**Discussion**	

17:35–18:30	INDUSTRY SATELLITE SYMPOSIUM I: AMBER ·	INDUSTRY SATELLITE SYMPOSIUM II: CORAL	INDUSTRY SATELLITE SYMPOSIUM III: CRYSTAL
Industry satellite symposia (parallel)	**Advances in Spine Surgery and Instrumentation** **Supported by:** Toucomex (TBC) **Programme:** Challenging Clinical Cases: Surgical Decision-Making and Management — Interactive Case Discussion **Speakers:** Dr Khaled Hadhri (TN) Dr Samir Daghfous (TN) **Chair:** Dr Mohamed Ben Salah (TN) **Rapporteur:** DrAnouar Abdallah (TN)	**Advances and innovations in neurological bladder** **Supported by:** Wellspect **Programme:** • Advances in physiopathology • Assessment • Management **Speakers: TBC** **Chair:** Dr Zeineb Masmoudi (TN) **Rapporteur:** Dr Asma Nouira (TN)	**Ultra-sound guided nerve blocks for spasticity management in SCI** **Supported By: IPSEN** **Chair:** Dr MH Elleuch (TN) **Speaker**: Dr Sameh Ghroubi (TN) • Indications and Clinical Applications • Ultrasound-Guided Techniques • Live Demonstration • Discussion **Rapporteur:** Dr Farah Ellouze (TN)

18:45–19:45	**MENASCIN GENERAL ASSEMBLY** Restricted to MENASCIN members and invited observers Dr Rami Al Ahmar (UAE)

21:00	**NETWORKING EVENING** Venue: **Dr Fatma Zohra Ben Salah (TN)- Dr Abderrazek Hajjioui (Morocco)**

DAY 2 — SATURDAY, 5 DECEMBER 2026

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08:30–09:20	WORKSHOP 5 · RUBY	WORKSHOP 6 · AMBER	WORKSHOP 7 · CRYSTAL	WORKSHOP 8 · CORAL
Parallel workshops	**Pressure Injury Prevention and Management** **Faculty:** Dr Rami Ben Salah (TN); **Dr Ines Aloulou (TN)**; Dr Raquel Neeves (RN/KSA)	**Bowel Management and Stoma Care** **Faculty: Dr Sami Bouchoucha (TN)**; Dr Houssine Magherbi (TN); Dr Amine Sebei (TN); Mrs Alison Lamb (RN/UK)	**Ultrasound-Guided Nerve Blocks and Botulinum Toxin Injections for Lower-Limb Spasticity Management** **Faculty:)**; Dr Srinivasa Chakravarty Budithi (UK); Dr Lilia Louiza Maouche (ALG), Dr Hanane Moalla (TN)	**Ultrasound-Guided Nerve Blocks and Botulinum Toxin Injections for Upper-Limb Spasticity Management** **Faculty:** Dr Zohra Ben Salah (TN); Dr Houda Migaou (TN)

09:30–11:00	PLENARY SESSION 5 · Plenary Hall : **CRYSTAL** **Lifelong Care and Management of Spinal Cord Injury: From Healthy Ageing to Conflict Settings**	
	Chairs: Dr Jerome Bickenbach (SWZ),Dr Khaled Layadi (ALG),Dr Anas Saleh (KSA), Dr Zohra Ben Salah (TN)**Rapporteur:** Dr Atika Mallek (TN)	
09:30–09:50	Recent advances in spinal cord injury: Current Evidence and Future Perspectives	**Dr Osman Aheed (UK)**
09:50–10:10	Healthy Ageing with Spinal Cord Injury: Lifelong Medical Follow-up and Prevention of Late Complications	**Dr Wail Ahmed (UK)**
10:10–10:30	Management of Spinal Cord Injury in Times of War and Conflict	**Dr Abderrazak Hajjioui (Morocco)**
10:30–10:50	MENASCIN: Building a Culturally Responsive SCI Network for the Middle East and North Africa	**Dr Rami Al Ahmar (UAE)**
10:50–11:00	**Discussion**	

11:00–11:30	NETWORKING COFFEE BREAK & EXHIBITION

11:30–12:30	SYMPOSIUM I · CORAL	SYMPOSIUM II · AMBER	INDUSTRY SATELLITE SYMPOSIUMIII- CRYSTAL	INDUSTRY SYMPOSIUM IV: RUBY
Parallel symposia	**Neuropathic Pain Management after Spinal Cord Injury** **Chair:** Dr Rim Maaoui (TN) • Management of Neuropathic Pain: The Moroccan Experience — Dr Abderrazak Hajjioui (Morocco) • Algerian Guidelines for Neuropathic Pain Management. Dr Lilia Louiza (Algeria)- Dr Zouheir Boukara (Algeria) • Tunisian Guidelines of chronic pain. Dr Najla Mouhli (TN) Dr Rim Maaoui (TN) • Discussion • **Rapporteur:** Dr Sonia Daghrir (TN)	**Paediatric Spinal Cord Injury and Congenital Spinal Disorders: From Childhood to Adulthood** **Chair:** Dr Imen Miri TN) • Paediatric Spinal Cord Injury, Spina Bifida and Congenital Spinal Disorders: Dr Wassiaa Kessomtini, Dr Ferdaoues Blel (TN) • Family-Centred Rehabilitation: Supporting the Child and FamilyDr Sahbi Elmtawa (TN) • Growing Up with Paraplegia: Challenges of the Transition to Adult Care in PRM. Dr Khaled Layadi (Algeria) • Discussion **Rapporteur:** Dr Abdelmonem Yahia (TUN)	**Ultrasound-Guided Nerve Blocks for Pain Management in SCI** **Chair:** Dr Leila Ghidaoui (TN) **Speaker**: Dr Sameh Ghroubi (TN) • Indications and Clinical Applications • Ultrasound-Guided Techniques • Live Demonstration • Discussion **Rapporteur:** Dr Farah Ellouze (TN)	**Beyond Bowel Management: Personalized and Innovative Care After Spinal Cord Injury (TBC)** **Chair:** **Supported by: Wellspect** **Speaker**: **Rapporteur:**

12:30–14:30	LUNCH

14:30–15:45	PLENARY SESSION 6 · Plenary Hall: **CRYSTAL** **Management of Spasticity in Spinal Cord Injury**	
	Chairs: Dr Catherine Dziri (TN), Dr Adel Shahrani (KSA), Dr Wassiaa Kessomtini (TN),Dr Rim Maaoui (TN),**Rapporteur:** Dr Mariem Gaddour (TN)	
14:30–14:50	New advances on physiopathology of spasticity in SCI	**Dr Anis Jellad (TN)**
14:50–15:10	Clinical Challenges and Comprehensive Management Intrathecal baclofen therapy in SCI.	**Dr Anas Saleh (KSA)**
15:10–15:35	Non pharmalogical treatment of spasticity in SCI.	**Dr Ines Loubiri (TN)**
15:35–15:45	**Discussion**	

15:45–16:00	NETWORKING COFFEE BREAK & EXHIBITION

16:00–17:30	**PLENARY SESSION 7** · Plenary Hall: **CRYSTAL** **From Evidence to Action: SCI Research and the InSCI Survey in the MENA Region** *Lessons from the 2017–2019 and 2022–2024 Survey Waves and Regional Readiness Towards 2028*
	Moderators: DrAli Jamous; Dr James Middleton (Australia); Dr Abderrazak Hajjioui (Morocco); Dr Imen Miri (TN))**Rapporteur:** Dr Najla Mouhli**(TN)**

TIME	MIN	PRESENTATION / ACTIVITY	PROPOSED SPEAKER
OPENING			
16:00–16:05	5	Welcome and session objectives	**A. Hajjioui / I. Miri**
INTERNATIONAL OVERVIEW			
16:05–16:10	5	Learning Health Systems and InSCI: Translating Evidence into SCI Care	**J. Middleton**
NATIONAL CONTRIBUTIONS — COUNTRIES WITH INSCI EXPERIENCE			
16:10–16:15	5	Morocco: InSCI Findings and Implications for SCI Care	**A. Hajjioui**
16:15–16:20	5	Jordan: InSCI Implementation and Research Priorities	**R. Al Ahmar**
NATIONAL CONTRIBUTIONS — EVIDENCE, GAPS AND READINESS			
16:20–16:25	5	Tunisia: SCI Research Priorities and InSCI Readiness	**F.Z Ben Salah / I. Miri**
16:25–16:30	5	Algeria: SCI Research Capacity and Collaboration	**Lilia Louiza Maouche**
16:30–16:35	5	Sudan: SCI Research in Humanitarian and Resource-Constrained Settings	**S.Hassan**
16:35–16:40	5	Egypt: Evidence Gaps and Collaboration Opportunities	**S. Mahran (TBC)**
16:40–16:45	5	Saudi Arabia: SCI Research Capacity and Opportunities	**A. Saleh/A.Shahrani**
16:45–16:50	5	United Arab Emirates: SCI Research Priorities	**Y.Nuaimi**
16:50–16:55	5	Kuwait: SCI Research Priorities	**S. AL Kandari (TBC)**
16:55–17:00	5	Qatar: SCI Research and Collaboration	**Fary Khan**
17:00- 17:05	5	Palestine: SCI Research and Collaboration	**Firas Sarhan**
			Lybia (TBC)
DIALOGUE AND CONCLUSIONS			
17:05–17:25	25	**Moderated regional dialogue: From Evidence to Action**	All speakers and moderators
17:25–17:30	5	**Conclusions and agreed next steps**	Moderators / rapporteur

17:30–18:00	**CLOSING CEREMONY** Key highlights and take-home messages from each session, presented by the session rapporteurs · **Closing remarks from the Organising Committee Next Steps**