Préprogramme du jeudi 3 décembre 2026 au CIPPH
JOURNEE DE MEDECINE DU SPORT DE LA SOTUMER
En collaboration avec le CIPPH, le CNPT et MENASCIN

JOURNEE COLLEGE MPRF

(version du 4 novembre 2026)

THURSDAY, 3 DECEMBER 2026 — MORNING

SOTUMER–ISCoS Sports Medicine Day · CIPPH, Gammarth, Tunisia

08:30–09:00	**REGISTRATION**

09:00–10:00	**WORKSHOP 1** · Room TBC	**WORKSHOP** · Room TBC
Parallel practical workshops	**Introduction to Parasport Classification for Athletes with Spinal Cord Injury** **Faculty:** Dr Halim Jebali; Dr Ibtissem Jrad; Dr Sofiene Kasmi (NPCT) Rapporteur:Dr Leila Ghidaoui (MPRF Tunis)	**ISNCSCI / AIS: International Standards for Neurological Classification of Spinal Cord Injury and the ASIA Impairment Scale** **Faculty:** Dr Rami Al Ahmar (Jordan); Dr Anis Jellad; Dr Ons.Borgi (Ksar Hellal) Rapporteur: Dr Emna Bahlouli (Djebel Oust)
	Format: one 60-minute rounds (09:00–10:00); **Target audience:** Physical and Rehabilitation Medicine physicians, sports medicine physicians, sports coaches and athlete selectors.	

10:00–11:00	**PLENARY SESSION 1** · Plenary Hall **The Para-Athlete Pathway: From Rehabilitation to Performance**	
	Chair: Dr Hajer Rahali (TN), Dr Rym Maaoui (HMPIT), Dr Anis Chaouachi (ISSEPS KS), Dr Abderrazak Hajjioui (Morocco), Dr Osman Aheed (UK)	
10:00–10:10	Welcome address The CIPPH: A Platform for Inclusion, Autonomy and Parasport Promotion	**M.Sofiene Yacoub (CIPPH)**
10:10-10:25	Pathway of a spinal cord injury (SCI) patient toward parasport in Tunisia	**Dr Bassem Krifa (MPRF Mahdia)**
10:25-10:30	The Vocational Rehabilitation Center for Persons with Physical Disabilities and Life Accidents and referral to parasport	**Mme Sana Henayen (CRPHMAV)**
10:30–10:45	Which parasports are practiced in Tunisia in 2026? And for SCI?	**Dr Adnene Mouaffak (FTSH)), Fethi Kahouech (NPCT), Sofiene Kasmi**
10:45–11:00	From Rehabilitation to Paralympic Performance: Athlete Classification and Eligibility from a Physical and Rehabilitation Medicine Perspective	**Dr Walid Ouannes (MPRF Sousse)**
11:00-11:10	**Discussion**	

11:10–11:30	**COFFEE BREAK**

11:30-13:00	**DEMONSTRATION SESSION ·Para Sport in Action: Athlete Demonstrations** **M.Mohamed Mzoughi (NPCT)** **WORKSHOP 3**	**WORKSHOP 4** · Room **TBC**
Parallel practical workshops	**Worshop showcasing parasport A Rapporteur : Dr Jihane Chmak (MPRF Djebel Oust)**	**Worshop showcasing parasport B Rapporteur: Dr Najla Mouhli (MPRF HMPIT)**
	Format: one 45-minute rounds (11/30-12/15) (12:15-13:00) **Target audience:** Physical and Rehabilitation Medicine physicians, sports medicine physicians, sports coaches and athlete selectors.	

13:00–14:00	**LUNCH**

14:00–14:30	**E POSTER SESSION JURY: DR WASSIAA KESSONTINI (MPRF MAHDIA), DR RYM MAAOUI (HMPIT), DR ANIS CHAOUACHI (ISSEPS KS)**

14:30–15:30	**PLENARY SESSION 2** · Plenary Hall **Beyond Performance: Psychological Preparation, Health and Inclusion**	
	Chair: Dr Rami Al Ahmar (Jordan), Dr Fayçal Khachnaoui (MPRF Sousse), Dr Neziha Gouider-Khouja (Neurologue Tunis), Dr Hanen Djemaiel (CNMSS), Nizar Souissi (ONS)	
14:30–14:45	Para-athlete with SCI medical supervision	**Dr Sonia Daghrir (MPRF Monastir)**
14:45–15:00	Complications linked to sports practice in SCI para-athletes	**Dr Farah Ellouze (MPRF Sfax)**
15:00–15:15	From the Athlete to the Ecosystem: Co-designing a Socio-Ecological Framework for Psychological Preparation in Para-Athletes with Spinal Cord Injury	**Souha Khadher Imen Zaghouani Anis Chaouachi (ISSEPS KS)**
15:15-15:30	Parasport: rehabilitation and social inclusion in Morocco	**Dr Khaled Benhassan (Morocco)**
15:30-15:45	**Discussion**	

15:45–16:15	**SYMPOSIUM** · Plenary Hall **From Wheelchair to Performance: Choosing the Right Wheelchair for Each Sport**
	Speaker(s): TBC Moderators Dr Sonia Lebib

16:15-16:30	**GENERAL DISCUSSION** **OFFICIAL CLOSING** Handing out of certificates of attendance